

New Patient Test Guidelines

Thank you for your interest in BioBalance Health. In order to determine if you are a candidate for bio-identical hormones for menopause and perimenopause, there are several things we need to assess your health, risk and dose of hormones prior to beginning pellet therapy:

1. We will need to check your hormone levels such as estrogen, testosterone, thyroid, and follicle stimulating hormone. We will also check your liver enzymes as well as your cholesterol level. Because we are checking your cholesterol level, you will need to have had nothing to eat or drink for 12 hours prior to having your lab work drawn. If you are interested in bio-identical hormones through pellet therapy, please call us and we will send you a requisition to be taken to the diagnostic laboratory that is covered by your insurance company. These blood tests can also be ordered by your current physician using the following Quest test numbers:

CBC	6399
Estradiol	4021
Estrone	23244
FSH	470
Comprehensive Metabolic Panel	10231
LH	615
Lipid Panel	7600
Prolactin	746
Testosterone, Free & Total	30741
TSH	899
Free T-3	34429
Free T-4	866
IGF-1	16293
8am Cortisol	4212
Cardio CRP	10124

If a lab other than Quest is used, your doctor will need to code the test correctly for that lab.

2. If you have a uterus and are in menopause, you will need an ultrasound to rule out any pre-existing conditions. If you have had a pelvic ultrasound within the past year, please forward a copy to our office for Dr Maupin to review with your new patient information. If you need an order for a pelvic ultrasound, please contact our office at (314) 993-0963, option 1, and an order can be mailed to you to be taken to the imaging facility that your insurance company requires you to use.
3. If you are over 50 you will need a bone density test within the last three years, a well-woman exam with Pap smear and mammogram (within the last year). Please forward copies of your test results with your new patient information to our office either by mail or fax them to (314) 218-3999.

Please make sure that all of the above information is available at the time of your new patient consultation or you may be required to reschedule your appointment. At your first visit, we will discuss your lab and your proper treatment, dose, risks and answer any questions you may have about bio-identical hormone therapy with pellets. Your first insertion will be done at the time of your consultation. If you have further questions about BioBalance Health, please feel free to call our office or go to our website at www.biobalancehealth.com. Thank you and we look forward to seeing you soon!